



**The Uplands at Oxon, Clayton Way, Bicton Heath, Shrewsbury, SY3 8HS**  
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**JANUARY 2009**  
**WE WISH YOU A VERY HAPPY NEW YEAR**



### **UPLANDS AT OXON CHAPLAINCY**

We are delighted to announce that the Bishop of Shrewsbury has kindly agreed that The Uplands at Oxon should have its own Chaplain and the Reverend Mary Fearnside has been appointed. Those of you who know Mary will, we know, wish to join us in extending a very warm welcome to her. We are fully aware of how busy she is and how lucky we are that she has agreed to take on this responsibility.

### **WE WIN A GOLD SHROPSHIRE HEALTHY EATING AWARD**

The Shropshire Healthy Eating Award is a brand new scheme launched by all the Environmental Health Departments in the County. The aim of the award is to encourage caterers to offer diners healthy options on their menus and an award is given to premises which fulfil the following criteria:

- Provision and promotion of healthy food choices.
- Good standards of food hygiene.
- Staff trained in respect of food hygiene.

We have been given a Gold Award and our sincere congratulations go to Nikki Burton and her team for this tremendous achievement.

## CHRISTMAS FESTIVITIES

Heartfelt thanks to all who helped to ensure that our residents enjoyed the Christmas festivities and to all you visitors who came along to support our various activities - the Christmas Fayre following which a donation was given to The Motor Neurone Society, the performance by the Wem Jubilee Band, the carols performed by Bicton CE Primary School and, of course, to our new Chaplain, Reverend Mary Fearnside whose regular presence here at The Uplands is of such importance - the Carol Service on 14 December was a deep inspiration to all of us.

## SILHOUETTE

Thousands of Shropshire women worked for “Silhouette”. Do you have a story to tell?

The producers of the hit 2008 play Arthur’s Plough have just been commissioned to create a new musical play for Shropshire about the old Silhouette factory and Marches Care are delighted to be involved as sponsors. Full details are sent with this newsletter. If you have an anecdote you would like to share ring 01743 363365 during office hours or contact [www.madeinshrewsbury.co.uk](http://www.madeinshrewsbury.co.uk) and click on the Silhouette Project and encourage others who might be interested to do so too!

## HOLY COMMUNION



A service is held each month in the Gough lounge so that residents and their friends and families can take Holy Communion. This will be at 2 pm on the following dates:

Thursday 29 January 2009  
Thursday 26 February 2009  
Thursday 26 March 2009

Residents wishing to see the Chaplain should ask the staff on the unit to arrange a visit.

## STAFFING MATTERS

We extend a warm welcome to **Chris Brownlow**, **Jenna Ewart**, **Matthew Johnson**, **Josh Barnett**, and **Ewa Kapala** who have recently joined the staff as Carers, to **Alison Sacré** and **Faye Hodgson**, RGNs, to **Brian Davies**, Gardener, to **Tracey Fuller**, Senior Cook and **Alicja Pietkowska**, Bank Assistant Cook.