



The Uplands at Oxon, Clayton Way, Bicton Heath, Shrewsbury, SY3 8HS

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WINTER 2008

MEOLE UNIT

We have now opened the last of our 20 bedded units, Meole, and extend a warm welcome to our new residents and hope that those who have moved upstairs from Dorrington have now settled into their new surroundings. Carey Bloomer, RGN, is the Unit Manager. The Uplands at Oxon now has 40 such beds with which to meet the overwhelming demand for dementia care— testament to the amazing hard work of our dementia unit staff so ably led by Sue Williams.



CHRISTMAS FAYRE SUNDAY 30 NOVEMBER 2008

This year's Christmas Fayre will be held on Sunday 30 November 2008 at **2 pm**. We hope that all relatives and friends will join us for what should be a fun occasion and bring along as many children as possible to visit Father Christmas and enjoy all the activities on offer. There will be stalls selling various items, a lucky dip and refreshments. Raffle tickets will be on sale beforehand and we hope that some of you will be able to help us sell them.

THE WEM JUBILEE BAND SUNDAY 7 DECEMBER 2008

Staff member, Jan Downes, plays with the award winning Wem Jubilee Band who will be playing Christmas Carols for residents and friends here on Sunday 7 December 2008 at **6.30 pm** followed by refreshments. The Band is well known in North Shropshire and currently holds the Third Section Wychavon Championship.

BICTON C E PRIMARY SCHOOL CAROLS 12 DECEMBER 2008

The Headmaster of Bicton C E Primary School has kindly agreed that children from the School will sing Christmas Carols for us here at The Uplands at **10 am** on Friday 12 December 2008. Do come along and join us if you can.

CHRISTMAS LUNCH 2008

A reminder that our Christmas Buffet Lunch is being held on Sunday, 14 December at **12.30 pm**, immediately before the Carol Service; if you wish to attend please book your place **before 1 December**.

UPLANDS CAROL SERVICE 14 DECEMBER 2008

Thanks to Reverend Mary Fearnside of the Parish of Christ Church, Shelton & Oxon this year's Carol Service will be held on Sunday 14 December 2008 at **3 pm** following the Christmas Buffet Lunch.



EARLY WORLD CHILDREN'S NURSERY CAROLS 19 DECEMBER 2008

Children from the nearby Nursery will be coming to sing Christmas Carols at **10.30 am** on Friday 19 December 2008 and we hope that you can join us.

CHRISTMAS HOLY COMMUNION SERVICE 22 DECEMBER 2008

There will be a Holy Communion Service for residents, staff and friends on Monday 22 December at **2 pm**.

HARVEST FESTIVAL

Heartfelt thanks to all of you who supported our Harvest Festival. We took all the contributed food to The Shrewsbury Ark, a new project run by the Shrewsbury Christian Centre Association to help the homeless in our town.

STAFFING MATTERS

Congratulations to **Nikki Wall** who was participated in the prestigious Ludlow Food Festival Young Chef Awards on 9 September 2008.



We extend a warm welcome to **Marion Perks** and **Alexander Mott** who have recently joined the staff as Carers.